

Doncaster Health and Wellbeing Board

Date: 10 November 2022

Subject: Update on the CYP Mental Health Strategy including the Building of Resilience

in the Borough

Presented by: Emma Price, Martyn Owen and Lee Golze

| Purpose of bringing this report to the Board | |
|--|---|
| Decision | |
| Recommendation to Full Council | |
| Endorsement | |
| Information | ✓ |

| Implications | | Applicable Yes/No |
|----------------------------------|--------------------------------------|-------------------|
| DHWB Strategy Areas of Focus | Substance Misuse (Drugs and Alcohol) | No |
| | Mental Health | Yes |
| | Dementia | No |
| | Obesity | No |
| | Children and Families | Yes |
| Joint Strategic Needs Assessment | | No |
| Finance | | No |
| Legal | | No |
| Equalities | | No |
| Other Implications (please list) | | No |

How will this contribute to improving health and wellbeing in Doncaster?

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through to adulthood. There is lots of excellent support already available across a range of services, as a direct result of the strategic intents set out in the previous Local Transformation Plan. This strategy builds upon that, harnessing the need to respond to what has happened over the past two years, keeping what works well and improving on priority areas.

Recommendations

The Board is asked to:-

Review the update to the CYP Mental Health Strategy noting the recommendations for work into Year two. In Year two and subsequent years we will also encompass the aims of the Borough strategy and the Education and Skills 2030 strategy to avoid duplication.